







WITH ECO-SCHOOLS











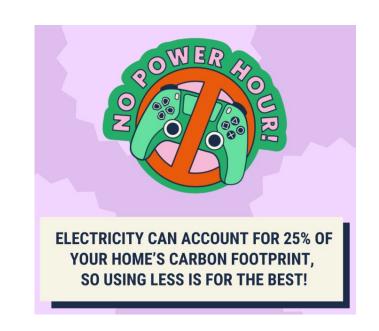














Cut Your Carbon Nov 24

Challenges	Rec	1Q	2E	3LS	3SS	4W	4C	5F	6W	Total
1 Make 5 miles of travel active			2		3	1	7	9	5	27
₂ Go plant based for a day			2		3	1	6	9	4	25
Turn down the heating by 1 degree for a week			2		3	2	6	9	6	28
4 Buy nothing new for 1 month			2		3	1	4	8	6	24
Substitute 4 baths for 4 showers and 5 limit them to 4 minutes			2	1	3	2	12	10	5	35
Switch of all non essential electrical 6 devices for an hour			2		3	2	6	9	5	27
Total	0	0	12	1	18	9	41	54	31	166