



POWER!



# CUT YOUR CARBON

WITH ECO-SCHOOLS





THE PRODUCTION OF EVERY ITEM YOU BUY HAS A CARBON FOOTPRINT. BUYING LESS WILL REDUCE YOUR CARBON FOOTPRINT AND SAVE YOU MONEY!



TRANSPORT IS RESPONSIBLE FOR AROUND 20% OF GLOBAL CO2 EMISSIONS. SO SCOOT, WALK OR CYCLE WHEN YOU CAN!



DROPPING YOUR HEATING BY 1° WILL REDUCE YOUR HOUSEHOLD CARBON FOOTPRINT AND SAVE YOU MONEY!



CHOOSING A 4 MINUTE SHOWER OVER A BATH WILL SAVE UP TO 44 LITRES OF WATER AND REDUCE YOUR CARBON FOOTPRINT!



ELECTRICITY CAN ACCOUNT FOR 25% OF YOUR HOME'S CARBON FOOTPRINT, SO USING LESS IS FOR THE BEST!



FARMED ANIMALS ACCOUNT FOR c.14% OF THE WORLD'S GREENHOUSE GAS EMISSIONS. EATING MORE PLANT-BASED MEALS IS GREAT FOR YOU AND THE PLANET!

# Cut Your Carbon Nov 24

Winners 5F

	Challenges	Rec	1Q	2E	3LS	3SS	4W	4C	5F	6W	Total
1	Make 5 miles of travel active			2		3	1	7	9	5	27
2	Go plant based for a day			2		3	1	6	9	4	25
3	Turn down the heating by 1 degree for a week			2		3	2	6	9	6	28
4	Buy nothing new for 1 month			2		3	1	4	8	6	24
5	Substitute 4 baths for 4 showers and limit them to 4 minutes			2	1	3	2	12	10	5	35
6	Switch of all non essential electrical devices for an hour			2		3	2	6	9	5	27
	Total	0	0	12	1	18	9	41	54	31	166